

1 2 T H A N N U A L

Experience the Best After Party!



FIRST AMERICAN STATE BANK

Fitness Festival

LEARN TO LIVE HEALTHY



Training Colorado's Future Doctors

5K RUN / WALK

(Officially timed by timing chip)

OR



KAISER PERMANENTE®

1K FITNESS WALK

(Non-timed)

Saturday, September 8, 2012

7:30AM REGISTRATION OPENS • 8:30AM RACE START TIME

A Great Event for the Whole Family!

Location: Race Start & Finish: Crescent Park (Corner of Belleview & DTC Boulevard)

Go Green! Save Time! Register Online! Go to www.fasbfitnessfestival.com

Beneficiary

Students throughout the Cherry Creek School District will benefit from the Fitness Festival. Net proceeds go to the Community Asset Project, which was established to support Cherry Creek Schools' Wellness Office. The mission of the Community Asset Project (CAP) is to ensure that all children maximize their life skills and academic potential. CAP-funded programs build assets and support the social-emotional well-being of children, which help deter negative behavior, such as tobacco, alcohol and other substance abuse and acts of violence.

TITLE SPONSOR



HEALTHY LIFESTYLE SPONSOR



Training Colorado's Future Doctors

WELLNESS SPONSOR



PRESENTING MEDIA SPONSORS



PLATINUM SPONSORS



The Vierra Family Foundation



The Shaka Franklin Foundation for Youth

BENEFITTING



For more information please visit www.fasbfitnessfestival.com

GO GREEN! SAVE TIME! REGISTER ONLINE at www.fasbfitnessfestival.com!

EVENT SCHEDULE

Saturday, September 8, 2012

Location: Crescent Park (Bellevue & DTC Blvd.)

- 7:30 am** Event Day Registration
Fitness Activities
Silent Auction Opens
- 8:15 am** Pre-Race Aerobic Warm-up
- 8:30 am** Rocky Vista University 5K Run/Walk or
Kaiser Permanente 1K Fitness Walk
- 9:00 am** Live Music
Food Sampling from Area Restaurants
Children's Entertainment
Valuable Giveaways
Awards (Must be present to receive award)
- 10:15 am** Silent Auction Closes

- Awards will be presented in team categories and top male and female winners.
- Event will be held rain or shine.
- Must have wrist band, race bib or VIP badge to enjoy the food. Wristbands may be purchased separately.

WAYS TO REGISTER

- **Online:** www.fasbfitnessfestival.com (closes 11:59pm, Wednesday, September 5)
- **By Mail:** Mail registration form with payment to: First American State Bank, 8390 E. Crescent Parkway, Suite 100, Greenwood Village, CO 80111. Make checks payable to FASB Fitness Festival, Inc. Mail-in entries must be postmarked by Friday, Aug. 24, 2012.
- **In Person:** Sign-up in person and receive your t-shirt at the following locations from Monday, August 6 through 12 Noon Tuesday, September 4, 2012.
 - **First American State Bank**
8390 E. Crescent Parkway, Greenwood Village, 303-694-6464
 - **Runners Roost**
1685 S. Colorado Blvd (at Mexico), 303-759-8455
6554 S. Parker Rd. (at Arapahoe), 303-766-3411
9994 Commons St. (I-25 & Lincoln), 720-596-4384
 - **Boulder Running Company**
8505 E. Arapahoe Rd., 303-990-5000
- **Packet Pickup:** Early packet pick-up for **pre-registered** participants on Friday, September 7, 11:00 am – 4:30 pm at the First American State Bank. Packet Pick-up resumes at 7:30 am at Crescent Park on race day.

THERE WILL BE AWARDS PRESENTED FOR SCHOOL AND COMMUNITY TEAMS WITH THE MOST SPIRIT!

ROCKY VISTA UNIVERSITY 5K RUN/WALK OR KAISER PERMANENTE 1K FITNESS WALK REGISTRATION FORM PLEASE COMPLETE A SEPARATE FORM FOR EACH PARTICIPANT REGISTERING!

ALL FIELDS REQUIRED BELOW:

Age on Race Day: _____ Sex: Female Male

Name: _____

E-mail: (Needed for ongoing race communication) _____

Address: _____

City, State, Zip: _____

Day Ph: _____ Eve Ph: _____

School (if applicable): _____

Athlete's Release. In consideration of the acceptance of my entry fee in the 12th Annual First American State Bank Fitness Festival & Rocky Vista University 5K Run / Walk and Kaiser Permanente 1K Fitness Walk. I, for myself, my executors, administrators and assignees, do hereby release FASB Fitness Festival, Inc., and any other contributing sponsors of this race and their respective officers, members, agents, volunteers and employees for all claims arising or growing out of my participation in the First American State Bank Fitness Festival & Rocky Vista University 5K Run / Walk and Kaiser Permanente 1K Fitness Walk. I attest and verify that I have knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. I also give permission for the future use of my name and picture in any broadcast, telecast, or print media account of the event. I understand that the entry fees I pay are non-refundable. Entry type (5K Run / Walk or 1K Fitness Walk) and timing chip preference may not be changed once registration is submitted. I also give permission for future use of my name and picture in any broadcast or print media account of the event as well as allow communications from the event and its sponsors, supporters and vendors via electronic or print means. If being timed, timing chip must be returned race day or you will be charged \$30.

Signature: _____

(If under 18, must be signed by parent or legal guardian)

Please charge my credit card: Visa MasterCard

Card No.: _____ Exp Date: ____ / ____

Security Number ____ (3 digit authorization code)

Check attached, payable to: FASB Fitness Festival Inc.

Cash (location received: _____, employee initials: _____)

BIB# (office use only) _____

CHOOSE ONE:

- Rocky Vista University 5K Run/Walk (timed)
- Kaiser Permanente 1K Fitness Walk (not timed)

CHECK IF APPLICABLE:

- Cherry Creek Fitness Challenge (only for CCSD students grades K-5)

ENTRY FEES:

- CHILDREN 17 & UNDER **\$15**
(\$25 RACE DAY)
- SENIORS 60-OVER **\$15**
(\$25 RACE DAY)
- ADULTS **\$27**
(\$37 RACE DAY)
- FAMILY FOUR PACK **\$75**
(\$110 RACE DAY)

Requires separate form for each family member, stapled together with payment.

- AFTER PARTY FOOD SAMPLING ONLY **\$10**
(\$15 RACE DAY)
(WRIST BAND)

- I would like to add an additional donation of \$_____ to be applied to the Community Asset Project

T-SHIRT SIZE:

- Youth Med
- Adult S M L XL XXL

For more information, visit www.fasbfitnessfestival.com. To volunteer, please contact us at fasbffvolunteers@gmail.com.