

## CHERRY CREEK

PARENT'S MARK YOUR  
CALENDAR:

### **Nov. 3.**

Veteran's Day Parade  
And Grandparents  
Luncheon

### **Nov. 6—10th**

Conference Week and Book  
Fair

### **Nov. 10th**

Non-Contact Day—No  
School

### **Nov. 13th—Dec. 8**

Spirit of Caring Campaign

### **Nov. 15th**

5th Grade Play Performance -  
7:00 p.m.

### **Nov. 16th**

Turkey Trot—6:30 p.m.

### **Nov. 22—Nov. 24th**

Thanksgiving Break—No  
School

#### IN THIS ISSUE:

Mrs. Puga's            1—  
Letter                    4

School News            5  
November Pillar of  
Character

#### ATTACHMENTS



# ACE Compass

NOVEMBER 2, 2017

Dear Aspen Crossing Community,

I always find myself taking time to reflect on all that I am thankful for during November each year. I would like to share some of my reflections with you this month:

Thank you for being such an amazing community and welcoming me with open arms into our school.

Thank you to our Veterans and active military service members who work tirelessly to support us each day.

Thank you to our staff for being so wonderful and working diligently each day for our students.

Thank you to our PTCO for supporting our school and planning community events for us to take time and enjoy each other's company.

Thank you to our staff and community members who offer extracurricular opportunities for our students to pursue throughout the year.

Thank you to our amazing Before and After Care staff who provide wonderful and fun activities for our students.

Thank you to our Preschool staff who collaborate with our school throughout the year.

Thank you to our parents for sharing your children with us and partnering with us throughout the year.

Thank you to our students for bringing the enthusiasm into our building each day!

Thank you, Aspen Crossing Community! You are truly the best community and I feel so very fortunate to have the opportunity to work alongside each of you every day.

Your partner in education,

Karen Puga

Continued from Page 1 Parent Conferences -

We have the following opportunities coming up this month:

Veterans Day – We have our annual festivities planned to honor our Service Members and Veterans on Nov. 3, 2017.

We have several special exhibits for our students and community members to visit during the morning:

Crosswinds RC Flying Club and Front Range Armored Group RC Tank Club (in the gym)

Remote Control Hobbies Helicopter – Baseball field (during lunches)

Vietnam Helicopter Pilot’s Association Museum – (on the playground)

We hope you are able to visit these special exhibits!

We will be serving a special pancake breakfast, just for Veterans and active duty military from 7:00 – 8:30 am on Friday, Nov. 3rd. Please help us get the word out to your neighbors, community members and friends that are veterans or active duty military by inviting them to come have breakfast with us. We want to show our students the importance of Veterans Day and why we honor those who protect our country.

We will also be hosting Grandparents Day. We encourage you to have your students invite their grandparents or special guests to come to school to have lunch with their grandchildren, and to stay for the Veterans Day parade. The lunch times for this day will be:

<u>Grade</u>	<u>Recess</u>	<u>Lunch</u>
1st Grade	10:05 – 10:30	10:30 – 10:55
5th Grade	10:30 – 10:55	10:55 – 11:20
*Kindergarten	11:00 – 11:25	11:25 – 11:50
2nd Grade	10:55 – 11:20	11:20 – 11:45
3rd Grade	11:20 – 11:45	11:45 – 12:10
4th Grade	11:50– 12:15	12:15 – 12:40

\*Kindergarten (Students/Grandparents will eat in classrooms)

**Don't forget  
to call the  
attendance  
line  
720-886-3795,  
if your student  
is going to be  
absent or late.**

Continued from Page 2

The menu for Nov. 3 will be: Orange Chicken, Turkey Pot Pie or Turkey and Cheese Sandwich.

Our parade will begin at 1:00 pm followed by a special ceremony to honor our military at Sky Vista Middle School. We hope to see many of our grandparents and families lining our parade route. A map of the route will be sent home again in Thursday Folders.

Here is the parade route for this year:



#### First Trimester Conferences

Teachers will be meeting with families during the week of Nov. 6th for our first trimester conferences. Classroom teachers have sent sign up requests. Please contact them if you have any questions or have not yet signed up for a time to meet.

#### 5th Grade Performance

On Wednesday, Nov. 15th at 7:00 pm, our 5th grade students will be sharing their yearly performance. We hope you will be able to enjoy us for this wonderful event.

### Turkey Trot

On Thursday, Nov. 16th, we will have the annual Turkey Trot. Please bring your running shoes and join in the fun! More information will be coming soon.

### Thanksgiving Break

We will not have school Nov. 22 – 24 and hope you enjoy some time with your family.

### First ACE Storytelling Night – Nov. 29th

To complement our Taste of Ace, we would love to learn more about our families and their traditions through storytelling. We hope you are able to join us for the first storytelling night on Nov. 29th from 6 – 7 pm in the gym. We will have 2 staff and 2 families sharing their stories for this evening. Light snacks will be served following the stories. More information will be coming soon.

### Environmental Tip – November

Reduce the amount of food that you throw away. Most people don't realize how much food they throw away every day — from uneaten leftovers to spoiled produce (fruits and vegetables). About 95 percent of the food we throw away ends up in landfills or combustion facilities. In 2014, we disposed of more than 38 million tons of food waste. Try freezing foods like bread, meat, fruits, and vegetables when your family has a lot so it doesn't go to waste.

### Safety Corner Reminders –

· Please remember to help your children remember to cross the street at our designated crosswalks. We have staff there each day at arrival and dismissal times to ensure safety.

Thank you for driving slowly and carefully in our school zone to ensure everyone's safety.



## SCHOOL NEWS



Please check our Community Board for Sports, Clubs and other opportunities for your student.  
Located in the Main Lobby of the School.



Be sure to check the Lost and Found located outside of the cafeteria. Many items have lost their owners!

### November's Pillar of Character

#### CARING



#### *Concern for Others*

**DO:** Be compassionate and empathetic • Be kind, loving, and considerate • Be thankful and express gratitude for what people do for you • Forgive others for their shortcomings

**DON'T:** Be mean, cruel or insensitive

#### *Charity*

**DO:** Be charitable and altruistic – give money, time, support, and comfort for the sake of making someone else's life better, not for praise or gratitude • Help people in need

## **CCSD Challenge School Application is now available on their website!**

**[challenge.cherrycreekschools.org](http://challenge.cherrycreekschools.org)**

Challenge School is a Kindergarten-8th grade magnet school in Cherry Creek School District charged with the mission of meeting the needs of academically advanced and motivated students. Any student in the district may apply to Challenge. The purpose of the admissions process is to select students who demonstrate advanced academic achievement in math and/or language arts and possess the attributes that reflect the school mission and purpose to inspire, empower and challenge motivated students who are academically advanced and/or gifted.

Online applications can be found on their website under the “Prospective Students” tab or by following this link: <http://challenge.cherrycreekschools.org/Pages/Prospective-Students.aspx>

The online applications will be available from Wednesday, November 1, 2017-Wednesday, January 17, 2018. Challenge School also offers Prospective Parent Information Sessions on Tuesday and Wednesday mornings throughout their application season. Please call the Challenge Office at 720-747-2100 to RSVP for a Parent Information Session.



## Beyond Mama Bear

### How to Survive the Balancing Act of Parenting Teenagers

**Tuesday, November 7th, 9:15 – 11:15 a.m.**

**Wednesday, November 15th, 7:00 – 8:30 p.m.**

#### ***Is your adolescent rushing in on you like a high tide?***

Come learn how you can be the safe harbor, a lighthouse, a beacon, the safety of home and shore.

#### ***Is your teenager driving you crazy?***

Don't take it personally. Discover the signs of trouble and understand when they might need help!



There is hope for frazzled families! Join Lisa Lane Filholm, a high school teacher (and parent) who has seen it all, at the next PIN presentation for some some frank, funny, practical advice for staying vigilant during these topsy-turvy years.

Lisa will share how the role of parenting must change from "mama bear," when our kids are cubs, to a peregrine falcon (to watch them), a ninja (to disarm them), a personal trainer (to work them), and a mentor (to guide them) as they become teenagers. Parents who know, protect and honor their teenagers can find balance for the whole family.

Parents, school administrators and community members are welcome and encouraged to attend PIN's presentations. No need to RSVP! Presentations are FREE and are held the first Tuesday of each month at:

**Student Achievement Resource Center (SARC)  
14188 E. Briarwood Avenue, Centennial**

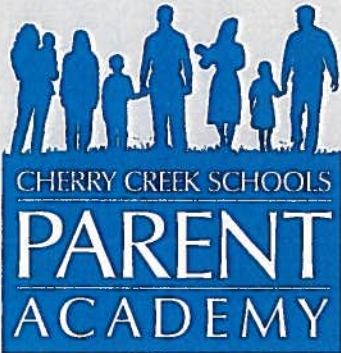
(South of Arapahoe Rd., between Potomac and Jordan Roads)

~ Mark Your Calendars ~

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**Dec. 5th** This is Only a Test: Reducing Anxiety, Learning Strategies, Improving Results

**Feb. 6th:** 10 Wise Ways: From Lizard Brain (Reacting) to Wizard Brain (Thinking)



**Pick a location that works best for you!**

*Each class meets from 6:00 to 8:30 pm*

**Horizon Middle School**  
November on Tuesdays  
(11/7, 11/14, 11/21, 11/28)

**Fox Ridge Middle School**  
January/February on Mondays  
(1/22, 1/29, 2/5, 2/12)

**Prairie Middle School**  
February/March on Tuesdays  
(2/27, 3/6, 3/13, 3/20)

**High Plains Elementary**  
April/May on Tuesdays  
(4/10, 4/17, 4/24, 5/1)

*Childcare available on a limited basis  
Light snacks provided*

Cherry Creek School District psychologists, social workers and counseling staff present the Guiding Good Choices program throughout the district year-round. Guiding Good Choices is nationally recognized as a Model Program by the Substance Abuse and Mental Health Services Administration.

# Help Guide Your Child through their Tweens!

*A Program for Parents of 4th-8th Graders!*

As children evolve from parent-pleasing little ones, to adolescents yearning for independence, testing boundaries and seeking peer acceptance, this **proven effective** four-week class offers tips for parents on navigating those challenging years.

## LEARN TO:

- » Teach your child to stop, think and control impulses
- » Communicate peer pressure refusal skills
- » Understand adolescent brain development and how it affects behaviors
- » Develop healthy beliefs and clear standards within your family
- » Strengthen family bonds
- » Manage family conflict

## INVEST THE TIME!

- » Four classes can make a lifetime of difference!
- » Research shows that Guiding Good Choices has been demonstrated to:
  - › Reduce alcohol use by 40 percent
  - › Increase the probability of remaining drug free
  - › Significantly reduce the rate at which adolescents develop depression

*Cost: \$30.00 per family - includes a \$10 workbook fee (Scholarships available for families who receive Free & Reduced Lunch - Call 720-554-4247 for more information.)  
Additional costs of the program are sponsored by the CCSD Wellness Office.*

**SPACE IS LIMITED!**  
**Register Now at**  
**[cherrycreek.revtrak.net](http://cherrycreek.revtrak.net)**

### QUESTIONS?

**EMAIL:** [lkoenig2@cherrycreekschools.org](mailto:lkoenig2@cherrycreekschools.org)  
**PHONE:** 720-554-4247



*Dedicated to Excellence*  
Cherry Creek Schools





**NOVEMBER 9, 2017**

**You Are Invited: Special Education Advisory Committee (SEAC):**

**SENSORY INTEGRATION IN THE SCHOOL SETTING**

Please join us as we learn from Kristen Reaves, Special Education Occupational Therapy Coordinator. Kristen will be presenting on Sensory Integration in the school setting and how parents can advocate for their children.

**DECEMBER 14, 2017  
PARENT COFFEE**

**Who: CGSD**  
parents,  
guardians, and  
caregivers who  
have children on  
IEPs & 504s

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**When: Thursday,**  
Nov 9<sup>th</sup>, 2017  
9:30 - 11:30 am  
ESC Room 147

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**Educational Support  
Services/ESC**  
4700 S. Yosemite St.  
Greenwood Village, CO  
80111

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**SPECIAL EDUCATION  
ADVISORY  
COMMITTEE (SEAC)**

Kimberly A. Avalos  
720.554.4408  
kavalos@cherrycreekschools.org

**CHERRY CREEK COMMUNITY LEGISLATIVE NETWORK**  
Invites You to Join Us for Our Annual

**Breakfast with Our Legislators**

**Date:** Thursday, November 16, 2017

**Time:** 7:00a.m. - 9:00a.m.

**Place:** Student Achievement Resource Center (SARC)  
Rooms 301-304  
14188 E. Briarwood Avenue, Centennial 80112

**Cost:** \$8.00 per person

Please join us for breakfast along with members of the Colorado General Assembly representing the schools in the Cherry Creek School District. This is a wonderful opportunity to become better acquainted with members of our delegation in an informal setting as we work together for a successful 2018 legislative session that benefits Colorado students.

For more information please contact:

Laura Felix at [laurafelix.slp@gmail.com](mailto:laurafelix.slp@gmail.com) or

Ilana Spiegel at [ilanadspiegel@gmail.com](mailto:ilanadspiegel@gmail.com)

**PLEASE MAIL COMPLETED FLYER WITH PAYMENT  
BY MONDAY, NOVEMBER 6<sup>TH</sup>**

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

RSVP (Headcount) \_\_\_\_\_

AMOUNT ENCLOSED \_\_\_\_\_

**MAKE CHECKS PAYABLE TO: CCCLN**

**MAIL TO: CHERRY CREEK COMMUNITY LEGISLATIVE NETWORK**  
**ATTN: SUSAN MARKER, FISCAL SERVICES**  
4850 S. YOSEMITE ST  
GREENWOOD VILLAGE, CO 80111